

# the cozmeena shawl® knitting kit

where coziness meets glamour



**When I wrapped my friend Carol in her cozmeena shawl she exclaimed, "It's so cozy but it's so glamorous... it's like a Pashmina... no it's a cozmeena!...And the cozmeena brand was born.**

- Be stunningly beautiful while feeling the warmth, comfort and care of a mother's loving hug every time you wear it.
- A perfect project for knitters at every level with online tutorials to guide you from start to finish.

**It's How You Wear It That Makes It a cozmeena!**

For photo and/or video instructions visit

**<http://cozmeena.com/craft/how-to-wear-your-cozmeena/>**

*Take care of yourself as you take care of others ...  
knit a cozmeena shawl today! ♥*

## **The Certificate of Authenticity**

Individually numbered and sealed with the original cozmeena seal, the Certificate of Authenticity includes your name, recipient's name, color and date, making your cozmeena shawl one-of-a-kind work of wearable art for you or someone you love.

Certificates will be mailed upon registration on the **International cozmeena Registry** at [cozmeena.com](http://cozmeena.com).

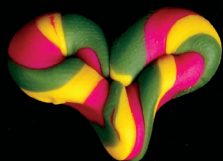
## **International cozmeena Registry**

Create a user account with purchase (or email **[info@cozmeena.com](mailto:info@cozmeena.com)**).

Upload your name, your friend's name, the story of why you knit for yourself or your friend and include a photo (optional).

Your listing will be posted to your very own page on [cozmeena.com](http://cozmeena.com).

For more information on **the cozmeena shawl knitting kit** and Cozmeena Enlightened Living, please visit [cozmeena.com](http://cozmeena.com).



# the cozmeena pocket heart®

The pocket heart was born from a profound experience I had as a 9/11 widow. A few days after the attack, a friend walked in, pulled his hand out of his pocket and said, 'I went to Ground Zero looking for Teddy. I had this in my pocket when I was there. I want you to have it.' He handed me a 'pocket-angel'— a beautiful winged figure embossed on a coin-like metal.

That coin magically connected me to the site — it was a 'bridge' that allowed me to stay with my three small children and manage the chaos that ensued in the days and weeks that followed that fateful day. The pocket angel gave me the time I needed to get to Ground Zero myself. Although we've received so much from so many, the pocket angel is the most meaningful and long-lasting gift of my 9/11 experience.

The lessons learned since Ted's death, along with being treated for breast cancer in 2009, have brought me to a place of strength and emotional soundness that would have never occurred without these two life-changing events. It is clear to me now that almost all traumatic, sad and/or frightening experiences contain a certain beauty or silver-lining that allows for incredible personal growth if you can shift your perspective long enough to see it.

The small, colorful clay hearts evolved in 2006 when I was playing with my children. Because the pocket angel meant so much to me, I was inspired to make pocket hearts and give them out as random acts of kindness.

The evolution from something serious to something whimsical is in memory of Teddy's light-hearted love and playful spirit. The pocket heart is my way of sharing the love that my children and I received throughout the years. By giving them out as I go along each day, I am able to pay forward (and back) the incredible kindness, support, and consideration that was shown to us in the wake of 9/11. The pocket heart is a tangible metaphor of the generosity, goodness and beauty inherent in the human spirit.



[www.cozmeena.com](http://www.cozmeena.com)





**Cozmeena (kohz-mee-nah) noun; adj; enlightened living®**

**1.)** the comfort gained through any of the five senses; **2.)** the satisfaction derived from the act of giving that's almost Divine in its nature  
**3.)** enlightened, positive, forward-thinking that connects like-minded people **4.)** to trust your sixth sense/intuition as your guidance system  
**5.)** where there are no coincidences **6.)** unconditional acts of love and kindness **7.)** the act of giving from the heart and receiving with grace **8.)** to be open to alternative thinking **9.)** to live a balanced life  
**10.)** where all the good people know each other even if they haven't yet met.

... more for you at **cozmeena.com**

### \* COZMEENA CRAFTS

Soothe yourself and quiet your mind with tactile (touch) crafts from Cozmeena. The signature Cozmeena Shawl Knitting Kits give you a healthy distraction that is relaxing and productive allowing you to care for yourself and/or someone you love.

### \* COZMEENA KITCHEN

"Yummy Comfort in Every Bite" featuring Cozmeena Granola. Simple, tasty recipes for baked goods and basic entrees that will warm and comfort you through delicious smells and home-cooked taste.

### \* COZMEENA CARES Cancer Listings

A free resource of local, regional and national organizations for people and their families fighting cancer.

\* warmth \* comfort \* care

... where love lives